



**AUTOMATED EXTERNAL DEFIBRILLATORS
SAVE LIVES**

Safeguard pupils and personnel on your premises

See inside this pack how easy it is to place life-saving equipment on school premises

When someone suffers a sudden cardiac arrest minutes and seconds count.

Automated External Defibrillators (AEDs) have the capability to restart a heart when a person suffers cardiac arrest

An AED is a portable easy to use device that measures the heart rhythm via two sticky pads attached to the chest

The Automated External Defibrillator tells you what to do and it wont give a therapeutic shock unless it needs to

It is safe and can be used with only a little training

In fact the Resuscitation Council (UK) made a statement in 2009 saying that in an emergency anyone can use the defibrillator to help save a life

The cardiac charity SADS UK can help in many ways, including fundraising ideas, promotional items, posters, certificates of thanks – ordering the defibrillator and arranging training.

Tel: 01277 811215 or E-mail: info@sadsuk.org

SADS UK Suite 6, Churchill House, Horndon Park,
Station Road, West Horndon, Essex CM13 3XD
Registered Charity 1113681

We would like an AED please contact me

We already have an Automated External Defibrillator (AED) and would be happy to speak with another school who may like to put one in place.

We don't have an Automated External Defibrillator and I would like to speak with personnel at a school that has one in place.

I would like someone to come and discuss putting an AED on the premises

I would like assistance to fund the defibrillator

Name.....

Position in school.....

Address.....

.....

Email

Phone.....

HEART DISEASE DOES NOT JUST AFFECT THOSE IN THE LATER YEARS OF LIFE.

A child, young person, or adult under 65 may be at risk from sudden cardiac death due to an underlying heart conditions. He or she will appear healthy and, in many cases, you will have absolutely no idea that something might be wrong. Unfortunately sometimes the first sign of a cardiac problem is when a person suffers cardiac arrest

SADS UK HAS HELPED OVER 100 SCHOOLS TO PLACE A DEFIBRILLATOR ON THEIR PREMISES.

Since the Early Day Motion below was tabled schools have understood the importance of having AEDs on their premises and SADS UK has helped over 100 schools to place an Automated External Defibrillator on their premises and arranged training of the lifesaving equipment

CARDIAC ARRESTS IN SCHOOLS

Tabled 27.11.2007

Baron, John - Early Day Motion 395

That this House congratulates SADS UK on organising, training and donating 17 automated external defibrillators (AEDs) to schools in the UK; notes that a recent study by the American Heart Association shows that, on average, for every 111 schools, there is at least one school-based cardiac arrest each year; and therefore calls on the Government to bring forward a strategy for including AEDs in all schools to help save lives.

Frequently Asked Questions

Q. Can anyone use the Automated External Defibrillator?

A. The Resuscitation Council (UK) made a statement in January 2009 to say it was the view of the Resuscitation Council (UK) that the use of AEDs should not be restricted to trained personnel.

Q. Could we get sued?

A. In 2005 SADS UK received information from the Chairman of the Resuscitation Council UK at that time. The person suing would have to prove that the casualty was left in a worse state than if the rescuer had not intervened. If the casualty was in a dangerous rhythm (and for practical purposes dead), it is unlikely that harm could result from using an AED resulting in him being worse off. If resuscitation is carried out without an AED, it is more likely that the casualty would be left in a worse state. Many more defibrillators have been placed in the community since 2005 and no law suits have been brought to bear.

Q. What about training?

A. The cardiac charity SADS UK would organise initial training, then refresher training would have to be undertaken in line with the Resuscitation Council, currently annually.

Q. How much does a defibrillator cost?

A. If you look on the internet you will see defibrillators can be bought from £700 upwards. However SADS UK prefer to purchase from manufacturers who are well known in the market place, offer robust defibrillators, a good service and have been successfully providing defibrillators for many years. These cost around £1300.

Q. Why put a defibrillator in place when we can call the emergency services?

The emergency services will always respond immediately to your call and in fact the first prompt your defibrillator will give you is to call the emergency services. However, minutes and seconds count when a person goes into cardiac arrest. Using lifesaving skills and the defibrillator gives the person the best possible chance of survival.

Q. Who should be nominated at the school to learn to use the defibrillator?

You can nominate up to 6 people for the initial training. This may be your first aider or other key personnel who will be on the premises. The school should check with their insurance company that they are covered regarding administration of first aid and indemnity insurance.

Q. Why should schools have AEDs, surely children don't suffer cardiac arrest?

A person of any age can have an underlying cardiac condition. It is thought as many as 1 in 500 children could have a thickening of the heart muscle (cardiomyopathy) which could lead to sudden cardiac arrest, especially when exercising. There are also other cardiac conditions that can disturb the heart rhythm dramatically and may lay dormant until cardiac arrest occurs. Cardiac arrest can also be triggered by a hard blow to the chest and can occur during playing sports.

Q. But how effective is it actually having a defibrillator on the premises?

A. A 36 year old teacher was saved by the action of his colleagues and a defibrillator on the premises organised by SADS UK. There had been an accident on the main road into the school which delayed the emergency services. Having a defibrillator on the premises saved his life. Just think of the snowfall we had earlier in 2010 and other variants that may delay a vehicle from getting to the scene of a cardiac arrest.

Q. What about maintenance of the equipment?

A. maintenance is minimal. Pads that adhere to the chest need to be replaced every 2 years at a cost of around £80 plus VAT. Batteries are recharged every 2 years via a charge stick provided by the manufacturers.

Teacher's life saved by Automated External Defibrillator

A defibrillator donated to Methwold High School, Norfolk, saved the life of a 36 year old teacher at the school.

A former pupil of the School Joe Riley appeared perfectly healthy before his sudden death but had an underlying heart condition that caused him to go into cardiac arrest which proved to be fatal. Joe's family raised funds through the cardiac charity SADS UK, to buy a defibrillator so that if anyone on school premises suffered a cardiac arrest the defibrillator would be readily available to save their life.

In the event, this was exactly what happened. When John suffered a cardiac arrest a first aider, trained with help from SADS UK, carried out CPR and administered a therapeutic shock using the donated defibrillator. Of course an ambulance was called immediately, but due to an accident there was a delay before the crew reached John. If the defibrillator hadn't been on school premises John would not be with us today. He is now being treated for a cardiac condition. If you'd like to fundraise for a defibrillator for your school please contact:-

Anne Jolly, SADS UK email:info@sadsuk.org Tel: 01277 811215



Have a school raffle

Raffle Ticket No.....	Raffle Ticket No..... £1 per ticket
Name.....	(YOUR SCHOOL NAME) IS HOLDING A CHRISTMAS GRAND DRAW 2010
E-Mail	The draw will take place on Tuesday 9th December, 2010
Address.....	Prizes must be won!
.....	First Prize : £500 cash
.....	Second Prize: £300 cash
Tel. No.....	Third Prize : Hamper
Cheque must be made payable to your school or PTA..	Promoters Name & Address (to check)
Counterfoils, payments & unsold tickets must be returned by: <i>date inserted to:</i>	By buying a ticket you are supporting us in our aim to purchase a defibrillator for school premises to make our school Heartsafe which is supported by the cardiac charity SADS UK - www.sadsuk.org.
<i>Head of PTA or School Address</i>	Tickets may not be sold to any person under the age of 16. To order extra books of draw tickets please contact (the promoter)
£1 per ticket	

NON UNIFORM DAYS



FASHION SHOWS



SPONSORED WALKS, RUNS, SWIMS



YOUR SCHOOL'S GOT TALENT

Why not get some acts together and ask parents and pupils to make a suggested donation to come along and watch. Good evidence of pupil's citizenship.



CAKE SALE

Buy a large cake to take into school (check with teacher first) and everyone pays a £1 per slice to go towards the charity.

SHOW HOW ENVIRONMENTALLY AWARE YOUR SCHOOL IS!

Write to your Rotary Club, Round Table, Rotaract, Freemasons, Lions Club and other organisations doing good work in the community. Ask them to think about your potentially lifesaving project of putting the defibrillator in the school.

Large companies in your area may also want to help the school.



RECYCLE MOBILE PHONES



RECYCLE CARTRIDGES

Good for your environmental footprint and SADS UK will send you a certificate of your environmental awareness.



Collect old postage stamps by trimming closely round them and cutting out of the envelope.