

Whether you have been bereaved through a relative dying from SADS or have been newly diagnosed with a cardiac condition SADS UK can help. SADS UK has BACP qualified counsellors and helpers who have experienced a SADS death and offer support. The charity also has support contacts for people newly diagnosed with a cardiac condition. Please contact the charity to speak with someone who understands.

Telephone our helpline: SADS UK, Tel: 01277 811215 Email: [info@sadsuk.org](mailto:info@sadsuk.org)



The charity has:

- Qualified counsellors
- 6 Medical Advisors
- Support Contacts
- Bereavement Retreats
- Patient support short breaks
- Young people's newsletter
- Bereavement books
- Annual national conferences

SADS UK can put you in touch with a counsellor or someone who has experienced a similar experience to yourself. Just email or call the charity.