



STRIDE WITH SADS UK TO STOP SADS HYDE PARK, LONDON

— SUNDAY 8TH JUNE 2025 —

Stride with SADS UK in London's Hyde Park together with family, friends, MPs and other passionate advocates.

A day to unite in our common aim to STOP SADS.

When we walk and talk together amazing things happen!

-  Heart disease and Sudden Cardiac Arrest (SCA) can occur in apparently healthy people, even children.
-  Experts in SADS and Sudden Cardiac Arrest endorse the SADS UK Warning Signs that are widely distributed in the community by the charity and our supporters (see reverse).
-  SADS UK funds ongoing research to identify people at risk of sudden cardiac arrest.
-  SADS UK installs defibrillators in schools, offices, leisure centres, sports venues and widely in the community.



Dr Hilary Jones MBE, Dame Helen Mirren and Dr Amir Khan support SADS UK

Pledge your support to STOP SADS

Set up a Justgiving page on - <https://www.justgiving.com/sadsuk>

Email: fundraising@sadsuk.org to receive information and updates about our
Stride to STOP SADS

