

SADS UK EVENTS



SADS UK SUPPORT AND EVENTS 2024

Sept 18 & 19th	Meet SADS UK at the Emergency Services Show, NEC, Birmingham
Oct 16 th	Restart a Heart Day; get involved with CPR and defibrillator training. Equip your community with life-saving skills
November 30th	Share St Andrew's Day with SADS UK
December 3rd	Share International Day of People with Disabilities with SADS UK
December 8 th	SADS UK Candle lighting on World Candle Lighting Day, lighting candles in memory of our loved ones. Contact SADS UK if you would like to purchase a candle/s or light your own

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February 14th	Wear red for someone you love to show you care, share your photos on social media, donate to SADS UK, help SADS UK support research, save lives
March 1 st	Share St David's Day with SADS UK
March 17th	Share St Patrick's Day with SADS UK
March 21-23	SADS UK Annual Retreat for the bereaved
April 23rd	Share St George's Day with SADS UK
June 8th	Stride to STOP SADS – A walk around the Serpentine Lake, meeting others who are bereaved or living with a cardiac condition. A balloon release in memory of loved ones at mid-day
June 28 th	Share International LGBT Pride Day with SADS UK
November 30 th	Share St Andrews Day with SADS UK
December 3 rd	Share International Day of People with Disabilities with SADS UK
December 7 th	SADS UK Candle lighting on World Candle Lighting Day, lighting candles in memory of our loved ones. Contact SADS UK if you would like to purchase a candle/s or light your own

Contact SADS UK for counselling or info on any of the above: support@sadsuk.org

If you have a Tribute and Photo of a loved one that you would like to share on the SADS UK Memorial Gallery - please send to: **fundraising@sadsuk.org**

Join us and share your events, thoughts and photos on our social media



www.sadsuk.org.uk



<https://www.facebook.com/groups/6866652676>



@sads_uk



@SADSUK (formerly Twitter)

Raise Awareness and Fundraise

See - **<https://www.sadsuk.org.uk/regional-events.html>**