

SADS UK **EVENTS**

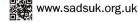


SADS UK SUPPORT AND EVENTS 2024	
Sept 18 & 19th	Meet SADS UK at the Emergency Services Show, NEC, Birmingham
Oct 16 th	Restart a Heart Day; get involved with CPR and defibrillator training. Equip your community with life-saving skills
November 30th	Share St Andrew's Day with SADS UK
December 3rd	Share International Day of People with Disabilities with SADS UK
December 8 th	SADS UK Candle lighting on World Candle Lighting Day, lighting candles in memory of our loved ones. Contact SADS UK if you would like to purchase a candle/s or light your own
	SADS UK SUPPORT AND EVENTS 2025
February 14th	Wear red for someone you love to show you care, share your photos on social media, donate to SADS UK, help SADS UK support research, save lives
March 1 st	Share St David's Day with SADS UK
March 17th	Share St Patrick's Day with SADS UK
March 21-23	SADS UK Annual Retreat for the bereaved
April 23rd	Share St George's Day with SADS UK
June 8th	Stride to STOP SADS – A walk around the Serpentine Lake, meeting others who are bereaved or living with a cardiac condition. A balloon release in memory of loved ones at mid-day
June 28 th	Share International LGBT Pride Day with SADS UK
November 30 th	Share St Andrews Day with SADS UK
December 3 rd	Share International Day of People with Disabilities with SADS UK
December 7 th	SADS UK Candle lighting on World Candle Lighting Day, lighting candles in memory of our loved ones. Contact SADS UK if you would like to purchase a candle/s or light your own

Contact SADS UK for counselling or info on any of the above: support@sadsuk.org

If you have a Tribute and Photo of a loved one that you would like to share on the SADS UK Memorial Gallery please send to: fundraising@sadsuk.org

Join us and share your events, thoughts and photos on our social media



www.sadsuk.org.uk https://www.facebook.com/groups/6866652676 @ @sads_uk @ @SADSUK (formerly Twitter)

